

EXSP's Eradicate the Softness Program

Do you want to **add up to 15 lbs of lean muscle mass** this summer?

Do you want to **gain unbelievable strength** this year?

This is the **one program** you need to get involved with this summer!

You bring the **dedication** and **desire**, and we will **transform you** into the beast you want to be!



The **EXSP Eradicate the Softness** program is a 6 week, 5-days a week program.

Program participants gain on average 12 lbs of muscle

** This is a very intense program and is not for everyone **

*Strict guidelines must be followed to ensure you **achieve the success you desire***

Through this all-around training program, you will develop:

- ✓ Stronger Upper Body
- ✓ Stronger Lower Body
- ✓ Better Muscle Conditioning
- ✓ More Power and Explosion
- ✓ Greater Self-Confidence

The cost for the program is \$99

Program is available year-round

If you are serious, and really want to

Eradicate the Softness and
Unleash your TRUE Potential, this is the program for you

A short consultation is necessary before enrolling in the program

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